

Shiftwork fatigue given award-winning IT treatment

Embargo 8 pm 16 November 2001

Shiftworkers can be particularly affected by fatigue as their body clocks make the regular adjustments required by their rosters.

With recent studies likening the effects of fatigue to the effects of alcohol consumption – fatigue in the workplace poses a serious workplace health and safety hazard.

So an information technology solution for monitoring and assessing fatigue is a very appropriate winner of a Safe Work Award for development of an IT solution to identify and manage the issue.

InterDynamics was presented with the Information Technology Award, by Premier Rob Kerin and WorkCover Corporation CEO Keith Brown at this year's WorkCover Corporation Safe Work Awards.

Adelaide-based InterDynamics Pty Ltd has developed a stand-alone information technology product that calculates an individual's fatigue levels, based on their rostered tasks in industries or workplaces.

Initially prompted by a desire to manage fatigue in the transport industry, the product could have an enormous impact in assessing and managing fatigue in various industries and workplaces where shiftwork and fatigue are a factor.

Media contact Tony Griffith, Director, User and Technical Support, 0414 457 220.

